



Florida Collaborative Trainers

Fitting the Pieces Together – An Interdisciplinary Training Group

WOLF IN SHEEP’S CLOTHING – COLLABORATIVE PROFESSIONALS WHO HAVEN’T QUITE MADE THE PARADIGM SHIFT AND WHAT YOU CAN DO ABOUT IT.

A “Paradigm Shift” involves changing how we think about things. It is a radical change in our underlying belief system. It is a fundamental change in how we approach a situation or act upon our assumptions about an issue. When our perceptions change, how we think about an issue changes and brings new insights to our thinking, feelings and actions. These changes allow us to move forward in the Collaborative Process and enable the professionals and their clients to successfully engage in interest based negotiations rather than positional negotiations.

The paradigm shift from being litigious to Collaborative, therapeutic to facilitative, is difficult to master and must ultimately become part of one’s thinking and behavior. It is understandable that professionals, who have learned specific skills and implemented them in their various practices, now have to unlearn what they had been doing throughout their professional careers.

We all have experienced the professional who has not yet made “the Shift”. Many of us have succeeded in guiding that person and helping them overcome the behaviors that were a huge part of their “former” professional life. Metamorphoses do not take place overnight but over a period of time. The changes are even reflected in relationships with their colleagues as well as with their friends and relatives.

We will be reviewing the behaviors that enable each of the three professions to make the “paradigm shift”. We will identify behaviors of those professionals who have not made the shift and explore and discuss the underlying reasons that may prevent them from making the shift. We will demonstrate how those behaviors can be addressed and changed.

WORKSHOP OBJECTIVES

Describe the paradigm shift for Collaborative professionals

Explain underlying reasons preventing a paradigm shift

Demonstrate an interaction when a paradigm shift is not made

Demonstrate Collaborative behavior and Debrief

PROGRAM

5:00pm – 5:30pm	Power Point Presentation
5:30pm – 6:00pm	Attendees Role Play
6:00pm – 6:30pm	Discussion /Debrief

THE PRESENTER

LANA M. STERN, PH.D is a Licensed Psychologist, Licensed Marriage and Family Therapist, Parent Coordinator and Florida Supreme Court Certified Mediator. She is an active and enthusiastic proponent of the Collaborative Process and has worked extensively on Collaborative family law cases as the MHP/Facilitator. Her article, “Wolf in Sheep's Clothing”, has been published in both the Spring 2017 issue of *Collaborative Review* (The Journal of the International Academy of Collaborative Professionals) and in *The Divorce Puzzle–Connecting the Pieces Collaboratively*, (2017). Additionally, she has co-authored the chapter “Collaborative Law” in The Florida Bar CLE textbook, *Dissolution of Marriage*.

She is a member of the International Academy of Collaborative Professionals (IACP) and serves on the IACP Trainers Network and Development Committee. She is a member of the International and Florida Associations of Family and Conciliation Courts (AFCC) and member of the Collaborative Family Law Institute (CFLI) of Miami for 10 years and is a past Vice President. She serves on the CFLI Board, and also on the Education, Membership and Mentoring committees. She is the Miami-Dade delegate representing Mental Health Professionals on the Florida Academy of Collaborative Professionals (FACP), is presently serving on the Board of that organization and Chair of the Training Committee.

Dr. Stern has lectured statewide and nationally on the role of the neutral mental health facilitator in the Collaborative Process. In 2011, she co-founded “Florida Collaborative Trainers” an interdisciplinary training group, and has presented multiple 2-day basic and 1-day advanced trainings to attorneys, mental health professionals and financial professionals in Miami, Tampa, Gainesville, Boca Raton, West Palm Beach, Panama City, Jacksonville, New Hampshire and basic trainings at the University of Miami School of Law, the University of Florida Levin College of Law in Gainesville and the Florida Coastal School of Law in Jacksonville. She co-taught the first Collaborative Law Workshop at the University of Miami School of Law in the Spring of 2012.

Dr. Stern has been in private practice as a psychologist in the Coral Gables, Florida area for the past 30 years. She is a member of the American Psychological Association, and the Florida and Dade County Psychological Associations. She has expertise in couples and divorce counseling, and she taught the divorce education course “Positive Transitions” for divorcing parents as part of a private group. She also manages and treats depression, anxiety disorders, trauma, and child sexual abuse, counseling adults and adolescents individually or collectively. In 1993 she received the FPA “Outstanding Contribution to Psychology in the Public Interest” Award and DCPA “Certificate of Commendation” Award for her work in the area of Child Sexual Abuse. She has served as an educator, counselor, and trainer in the Miami-Dade County Public Schools. She was an Adjunct Professor at Florida International University for 6 years, supervising Master’s level, Mental Health and School Counselors during their Practicum and Internship. She also worked for Drake, Beam, Morin, an outplacement corporation, as a career consultant and corporate trainer. Dr. Stern can be reached at: (305) 448-5006, lmsternphd@aol.com, www.drlanamstern.com, www.floridacollaborativetrainers.com.

